Friday 16th January 2026

Hallfield Primary School

Growing, Learning, Achieving together

Headteachers' messages

Hallfield Blog

Welcome back to all our children and families, and a happy New Year to you all! It has been a real pleasure to see everyone return to school and to see how quickly children have settled back into routines with such positivity and enthusiasm. I hope you had a restful and enjoyable break and are feeling ready for the weeks ahead.

The start of a new year is a wonderful time for fresh beginnings, and this half-term we will be focusing on our key values of being respectful, collaborative, curious, aspirational and creative**.** Children will be given regular opportunities to demonstrate and develop these values through their learning, interactions and wider school experiences. Alongside this, children have regular check-in opportunities throughout the day where they are encouraged to talk about how they are feeling. These moments play an important role in supporting wellbeing and helping children to develop effective self-regulation strategies.

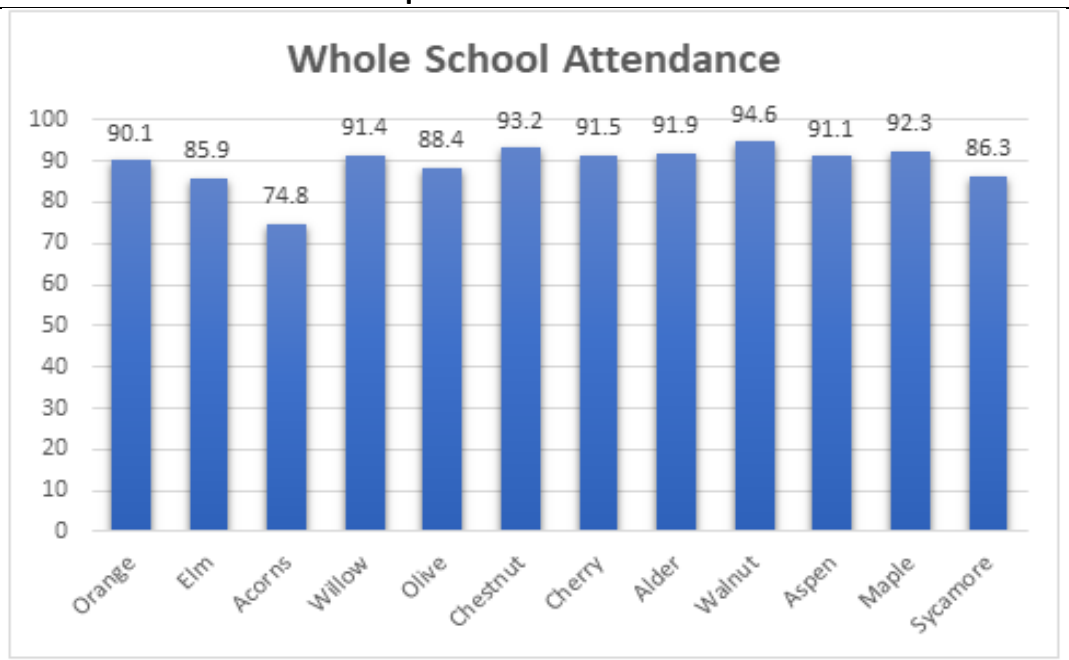
We were briefly treated to some snowfall during the school day, which caused great excitement and added a little winter magic to our return. As the weather remains cold, please do ensure children are wrapped up warmly with coats, hats, scarves and gloves so they can enjoy playtimes comfortably and safely.

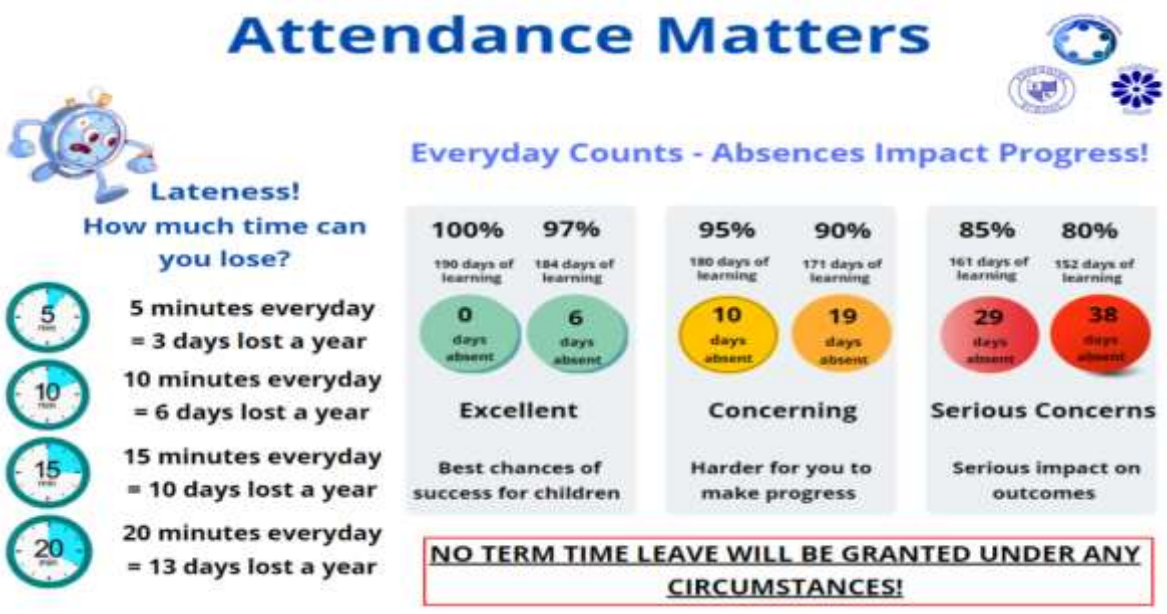
Although this is a short term, there is lots to look forward to, including exciting trips, engaging workshops and plenty of inspiring learning in the classroom.

Thank you, as always, to parents and carers for your continued support, and especially to those who attended our topic launch sessions and took part in activities with the children to help kick-start their learning this term. We are very much looking forward to all that lies ahead.

Our blog is where we capture the great learning that takes place across the school, so be sure to check it regularly to see all the wonderful things the children are doing!

Well done to Walnut class! Let's continue to work together to reach the national requirement of 96%





Please be reminded that our overall school attendance and punctuality remains below the national average. That is why we are asking all parents and carers to reflect on how we can improve attendance together. Please support us by ensuring children arrive promptly, are in school every day where possible, and we are kept informed when absence is unavoidable. If your child is absent, please contact the school in the mornings of your child's absence. If there is no contact made, the absence will be unauthorised which could lead to a penalty notice. As you are aware, regular attendance is not only about academic progress — it's about making sure every child benefits from the rich experiences, friendships and shared life of school.



Launching Learning Together

Thank you to all the parents and carers who were able to attend our topic launch this week and take part in activities alongside their children in the classroom. It was wonderful to see the children so excited and proud to show you what they can do, and your involvement made the experience even more special for them. Spending time in the classroom helps children build confidence, strengthens the home–school partnership and gives parents a valuable insight into their child's learning. We really appreciate your continued support and hope you enjoyed the sessions as much as the children did.



Building Confidence with Multiplication

Over the next couple of weeks, our Year 4 children will be taking part in an **Officially Unofficial Multiplication Tables Check (OUMTC)** run by **Times Tables Rock Stars**. This is a fun, low-pressure way to help children practise and build confidence ahead of the statutory **Multiplication Tables Check (MTC)** that all Year 4 children take at the end of the school year.

Across the school, children regularly practise age-appropriate times tables in line with the National Curriculum, as outlined below:

Year 1 – counting in 2s, 5s and 10s

Year 2 – recall and use 2, 5 , 10 times tables

Year 3 – reacll and use 3, 4 and 8 times tables

Year 4 – recall all multiplication facts up to 12 X 12

Year 5 – consolidate and apply all times tables

Year 6 – secure rapid recall and apply in problem-solving

Our New Federation

We are delighted to confirm that, as of 12th January 2026, our school has officially become part of a new federation alongside our partner schools. The federation is called **Connected Futures Partnership.** While Hallfield Primary School remains unchanged in name, identity and day-to-day running, this marks an exciting and positive step forward, strengthening leadership, safeguarding, SEND support and learning opportunities across the schools. Thank you to all parents and carers for your support as we begin this new chapter together.

St Charles NHS Clinic

St Charles Urgent Care Centre has asked us to notify parents about their NHS clinic, available for walk-ins every day from 8am to 8pm.

This clinic can be especially reassuring for parents when a child develops a rash, flu-like illness, eye infection, minor burn, urinary tract infection symptoms, or a minor injury such as a sprain, cut or wound. Care is provided on the same day, without needing to wait for a GP appointment, giving parents peace of mind and helping to avoid unnecessary A&E visits.

Please see leaflet on this newsletter.

Supporting Healthy Food Choices

We are committed to supporting our children in making healthy food choices and developing positive, balanced attitudes towards food. As part of this commitment, we are working with an organisation called **Nourish (School Food Matters)**, who support schools in promoting healthy eating and food education. Through this work, children will be learning about nutrition and the importance of a balanced diet. We kindly ask for your support at home by encouraging children to make healthy choices, talking together about different food groups and helping them understand how a balanced diet supports their growth, energy and wellbeing. By working together, we can help children build healthy habits for life.



Reminders

A quick reminder that we are a nut-free school.Please ensure that your child's packed lunch or snacks do not contain any nuts or products that may contain nuts. This helps us keep all our children safe, including those with serious allergies, and ensures everyone can enjoy their time at school worry-free. Thank you for your continued support in keeping our community safe and healthy.

Clubs

The latest updates

Parents should have received an email with details on how to sign their child up for after-school clubs. This term, we are offering Football, Basketball, Games Club and Coding Club, with Chess Club also running during lunchtime. As we approach the Year 6 SATs, some Year 6 children will also be attending booster classes to practise exam strategies and build confidence in key areas. We encourage all children to take part in clubs, as they are a great way to have fun, develop skills and enjoy time with friends.

Drama Projects

Toucan Roar will be returning to Hallfield

With the grant from the local councillors, we will also be running a drama program in school as well as offering children the opportunity to work towards a qualification through LAMDA. Children will audition for a place and this will be funded by the school.

Important Dates

January	
Week beginning 19th	Clubs start
Week beginning 19th	EYFS Parent drop-ins continue
22nd	Parent workshop: Understanding and managing behaviour – 2.30pm
26th	HMRC workshop about taxes for Years 5 & 6
29th	Year 2 trip
February	
5th	Parent workshop: MIND children and screen use – 2.30pm
6th	NSPCC Number Day
9th	Parent workshop: School nurse Sleep Hygiene – 2.30pm
10th	Year 3 & 4 trip
13th	School closes for half term at 3.25pm
23rd	School opens
March	
Week beginning 2nd	National Story-telling week
3rd	Year 6 trip
5th	World Book Day Year 5 trip
week beginning 9th	Science Week
13th	EYFS Mother's Day
17th 18th	Parents Evening
20th	INSET (school closed)
23rd	Topic presentation KS1 9am
24th	Topic presentation EYFS 9am
25th	Topic presentation LKS2 9am
26th	Topic presentation UPKS2 9am
26th	Parent workshop: MIND managing tantrums
27th	School closes 1pm

January 2026

Children and Young People's Newsletter

West Central London Mind



Happy January everyone! We hope you all had a restful, peaceful and joyful festive period and feel ready to take on the new year! In this month's newsletter we will talk about setting goals for the new year, embracing winter through Hygge and a great initiative from Words Matter that WCL Mind is supporting.

Setting goals for the New Year

Welcome to a new year! January gives us a gentle moment to pause, reset and think about the possibilities ahead. It is a fresh start and a chance to set gentle goals for the new term with hope, curiosity and confidence. When setting goals, it helps to be kind to yourself. Small steps can make a big difference and there is no need to aim for perfection. What matters most is making progress and finding what feels meaningful to you. Here are some tips for setting goals that can help you feel motivated and confident as you begin the new year.

1. Be kind to yourself

Goals don't need to be perfect. Progress is more important than perfection. If you miss a day, you can tell yourself: "That's okay. I can try again tomorrow."



2. Begin with small steps

Choose one simple step rather than a overwhelming goal. Big changes often come from lots of tiny actions added together. For example, if you want to feel more organised, you could begin by tidying one drawer, or a single section of your desk. Once that feels manageable, you can slowly build on this by tidying one more small area at a time, gradually creating a more organised workspace bit by bit.



3. Make your goals specific

Clear, specific goals are easier to work towards than vague ones. Knowing exactly what you want to do helps you stay focused and motivated. For example, rather than saying "I want to be healthier", you could try "I will go for a 20-minute walk three times a week".



4. Notice and celebrate every bit of progress

Progress is not always big, and recognising small wins helps build motivation and confidence. If you make small improvements and stay consistent with your goals, that progress is already worth noticing and appreciating. You can celebrate these moments by ticking it off on a tracker or sharing the achievement with someone you trust.



5. Review your goals regularly

Goals are most helpful when we check in with them from time to time. Regular review allows you to see what is going well and what might need adjusting. If something no longer feels right or becomes too challenging, it is completely okay to adjust and reshape it.



1 Minute of Mindfulness



Lower your eyes, and notice where your breath is. Bring warm awareness first to the crown of your head, then let it trickle slowly over your scalp and face. Scan downward through the neck, shoulders, back and chest, noticing any sensations without judgement. Move down through your stomach area, hips and legs, all the way to your toes. If tension arises, direct a long, soothing exhale right to that spot. This process is called Guided Body Scan Meditation.



Understanding and Managing Behaviour

For parents/carers of children at Hallfield Primary School

Would you like to better understand how to use strategies to increase your child's positive behaviours?

Thursday, 22nd January 2026

Hallfield Primary School
Lower Hall
2.30-3.20pm

Ran by Halime
West Central London Mind.

This workshop is free. For more information, please contact Nabila or Gina.

West Central London mind



Hygge Around the World: How Different Cultures Embrace Coziness, Comfort and Togetherness





Hygge is a Danish concept encapsulating a feeling of comfort and contentment and spending time with loved ones. With the cold and dark winters in Scandinavia, this concept is widely celebrated as a way to bring joy and warmth to winter months.





However, this is not only specific to Scandinavian countries! Let's dive into different ways that people from around the world bring comfort and coziness into their environments. It's a beautiful reminder that despite our differences, we all share the desire to make our homes a personal sanctuary of comfort, especially for winter time.





Ikigai

Ikigai, translating roughly to 'reason for being,' emphasizes finding joy and purpose in everyday activities, promoting a sense of contentment and balance. This philosophy extends to Japanese homes, where spaces are thoughtfully designed for specific activities to encourage mindfulness and appreciation for the present moment.

Thinking about spending time with loved ones, India embodies hospitality in the phrase 'Atithi Devo Bhava,' which translates to 'The guest is equivalent to God.' This philosophy manifests itself in Indian homes, which are typically warm, inviting, and full of rich colors and textures.



Atithi Devo Bhava



La Sobremesa

"La Sobremesa" refers to the time spent lingering at the table after a meal, lost in conversation, enjoying each other's company, and dancing. The emphasis is on creating a warm, inviting atmosphere that encourages togetherness and extends an open invitation for comfort and joy, capturing the essence of Hygge.

Words Matter: How to Communicate with Children so they Thrive

words matter
help us end verbal abuse of children

WCL Mind is proud to support Words Matter, a charity on a mission to improve children's mental and physical health and development by ending verbal abuse of children by adults.

We would like to share this important initiative with schools and invite you to explore how the training offer can support your staff, parents and pupils.

This free 3-week online course is for parents, carers and teachers. Discover practical ways to support children's mental health and wellbeing, build their confidence, self-esteem, and resilience.

More information here:

West Central London Mind is a registered charity, no. 292708

West Central London mind

NHS
Central London
Community Healthcare
NHS Trust

St Charles Urgent Care Centre

St Charles Hospital, Exmoor St, W10 6DZ

Open every day from 8am to 8pm

Need care for a minor illness or injury?

WE TREAT ADULTS & CHILDREN OVER 2 FOR:

- New wounds- dressings, minor burns, cuts & abrasions
- Earache, sore throat & sinusitis
- Coughs & colds
- Urine tract infections (UTIs)
- Allergic reactions & skin conditions rashes, insect bites
- Pains & strains (X-ray for new limb injuries)



WE ARE UNABLE TO:

- See children under the age of 2
- Provide sick notes
- Treat pregnancy-related issues
- Offer mental health support
- Do blood tests or manage long-term conditions

Scan QR code for info