Hallfield Primary School
Hallfield Estate
London W2 6JJ
0207 087 4960
www.hallfieldschool.org.uk

11th June 2025

Dear Families of Hallfield

We are well into the last term of the academic year with only weeks left to go! Before the half term there were several events including a multisports event with Essendine, animation projects, drama and story telling workshops and lots of trips. There are still lots of events happening this half term so remember to keep an eye on the calendar on our website.
Calendar | Hallfield Primary School (hallfieldschool.org.uk)

Children have also been participating in national assessments. A huge well done to Year 6 who recently sat their reading, grammar and maths KS2 assessments. This term we are continuing with phonics in Year 1 and multiplication tests in Year 4. The children and staff have been working hard practising in preparation and we feel very proud of them.

There is always so much exciting learning taking place all the time at Hallfield. Remember you can keep up to date with all that is going on in school by visiting our blog at:
https://hallfieldblog.wordpress.com/

School uniform for the summer term



At last the sun is mostly shining and the days are getting much warmer.

During this term, the correct school uniform for all children is a white shirt or polo shirt with either grey shorts, trousers or skirt. Children **do not need to wear a tie, jumper or blazer** during the summer months and there is no need to purchase a summer dress.

All children must wear sensible school shoes in black, **there must be no open toed shoes or sandals worn**. If children come to school in open toed shoes, you will be asked to bring in closed toe shoes.

Please also remember to send your child in with a water bottle and a hat for sun protection in the playground or during PE.

If you would like to order uniform please visit our school website and look for the link to online ordering Parents Info | Hallfield Primary School (hallfieldschool.org.uk)
You can choose an option to have the uniform delivered to school where you can collect it from the helpdesk. Delivery deadlines can be found here: Into School Delivery Timetable

Sun Safety Policy

We are getting more sun these days. Please check our new Sun Safety Policy for advice.

Online safety

12% of young people are affected by online bullying across the country. 80% of this is via mobile phones. Our curriculum shows children how to be safe online, how to report incidences and we spend time talking with children about mental health and how this can be impacted. There have been a number of incidences related to online activity this year and we are eager to support. You can find some of the workshops that have been held for parents on our website. Online Safety | Hallfield Primary School (hallfieldschool.org.uk) There is also lots of useful information here:
Online Bullying - UK Safer Internet Centre
Cyberbullying: What is it and how to stop it | UNICEF
Bullying and cyberbullying | Childline

The feedback from our recent online safety workshop for parents was extremely positive. Parents shared how informative it was and how important it was to understand the dangers for their children online and with smart phones. Over the last few years, the number of online issues that have been brought into the school is increasing, despite the work we do in school to support children with online safety and mental health. The agency that provided the workshop have sent us valuable information sheets to share with families to help reduce the likelihood of these incidents occurring. You will find these at the end of this newsletter.

Attendance

The school attendance policy can be found here: http://www.hallfieldschool.org.uk/policies/
Please remember the following, as set out in our policy parents must:

- telephone or email the school on the first day of absence for their child;
- for every day thereafter, that their child is absent from school to telephone the school;
- provide a written explanation of absence, including dates of absence as soon as their child returns to school.
- Provide evidence where relevant for absences

You can contact the school if your child is absent by either:

- emailing at attendance@hallfieldschool.org.uk;
- or calling the school on 0207 087 4960 and selecting option 1.

It is important that all children attend school on time every day. Failure to attend school without good reason, could lead to further action being taken.

Gates open in the morning at 8.40am. The class teacher takes the register at 8.55am every morning. **The school gate will be closed at 9.00am.**

Survey for parent feedback on wraparound childcare

Westminster local authority have asked us to share this survey with our families to help gather views and experiences of wraparound childcare in our local schools. There are 2 vouchers up for grabs.

Survey link: https://forms.office.com/e/gBngKrzDH6
Survey closes 31 July 2025

Year 6 Mini Sports Festival



Year 6 had a wonderful afternoon during their recent mini sports festival with Essendine Primary School. The children took part in a range of activities led by Hallfield's sports coach Mr Rashid El-Ouahabi. Following the successful sports afternoon, the year 6 children organised a cake and lemonade sale.

The whole project was the initiative of year 6 children who wanted to raise money for the charity *Muslim Hands*. An incredible £270 was raised during the afternoon which is to be donated to *Muslim Hands* through the local mosque.

Year 6 would like to say a huge thank you to parents and staff who supported the children in this project. We hope you all enjoyed the day.

Kind Regards
Claire Dunnet
Head of School

Remaining School Dates for the Summer Term 2025

Summer 2025	
June	
9th - 13th	Phonics Screening & Multiplication Check
11th	Redwood trip
12th	EYFS Father's Day Celebration at 2.00pm
13th	Aspen trip
19th	Y3 trip
27th	Y2 trip (pm)
July	
2nd	Reading for Pleasure - Willow group 1 (parents invited) at 1.30pm; group 2 at 2.15pm
3rd	Y3 and Y4 Sports Trip
7th - 9th	Y6 Residential trip
7th	Poet Neal Zetter in - Assembly & Book Sale
8th	Staff meeting - Mental Health
11th	Reports sent home
14th - 18th	Y6 Bikeability
14th	KS1 Topic presentations
15th	LKS2 Topic presentations
	Y6 Production at 2.00pm (parents invited)
16th	UPKS2 Topic presentations
17th	Y3 trip (am)
18th	Acorns & Chestnut trip
21st	Leavers assembly at 2.30pm
22nd	School closes at 1.00pm

COLLECTIVE POWER

Top Tips for Healthier Digital Habits as a Family



1 Delay Smartphones and Social Media

Hold off on smartphones and social media for as long as possible, ideally until age 16. In the meantime, a basic "brick" phone is a much healthier alternative, allowing children to stay safe and stay in touch while traveling independently to and from school. For older children, already with smartphones, focus on parental controls to limit screen time, block inappropriate content and ensure the device is as safe as possible.

2 Model Good Habits

Our relationship with our smartphones is key, children learn from our behaviour. Be mindful and present when spending time together as a family. Where possible, keep phones out of sight to minimise distractions and encourage meaningful interactions.

3 No Phones at the Table

Mealtimes should be about connection, conversation, and eye contact. By setting this expectation at home, we help children develop healthier digital habits they can carry into adulthood.

4 Keep Phones Out of the Bedroom at Night

This applies to both children and adults. Many issues arise when children have unsupervised access to devices at night. Parents can model good habits by charging devices in a central location, like the kitchen, instead of next to their bed. No phones for at least 1 hour before bedtime. Swap your smartphone alarm for a traditional alarm clock to create a healthier nighttime routine.

5 No Phones First Thing in the Morning

Checking your phone as soon as you wake up primes your brain for distraction and can trigger a stress response. Most things can wait at least 60 minutes in the morning. Starting your day without screens will help improve focus and overall well-being.

6 Avoid Multi-Screening

Encourage children to focus on one screen at a time. Constantly switching between devices can lead to shorter attention spans and difficulty concentrating. Keeping phones out of sight can reduce the temptation and improve focus.

By implementing these small changes, we can create a healthier digital environment for the whole family and set our children up for better long-term habits.

onecollectivepower.co.uk

SMARTPHONE FREE CHILDHOOD

SMARTPHONES: KIDS' MENTAL HEALTH CRISIS

1. Smartphones and social media are the **biggest** contributing factors to poor mental health in children and the major cause of the mental illness epidemic.
2. Evidence shows that ages 10-13 is **the most dangerous time** for children when it comes to social media.
3. Algorithms are designed to push children and teenagers into rabbit holes of **toxic & harmful content**, features like 'infinite scroll' and persistent alerts hook young users.
4. Excessive screen time is known to **alter the brain**, increase the risk of mental disorders, impair acquisition of memories and learning which are known risk factors for dementia.
5. MRI scans of young children have shown screen time **reduces the size of brain areas** responsible for visual processing, empathy, attention, memory & early reading skills.
6. Night-time addiction is greatly **impacting** children's sleep.
7. **90%** of girls and **50%** of boys say they have been sent explicit pictures or videos they don't want to see.
8. Boys **as young as 13** have been targeted for sextortion scams.
9. **80%** of teenage girls are being put under pressure to provide sexual images of themselves.
10. A global study of the first generation of children to be given smart phones, who are now adults found that the younger they got given their first smartphone, **the worst their mental health is today.**

There are plenty of alternative brick phones available to buy which enable a child to call, message and listen to music. Air tags are also relatively cheap and easy to use to track your child's location.

SOURCES: all screen time is created equal: associations with mental health vary by activity and gender, Twenge & Eric Farley, Aug [illegible] 2020 / Cecilia Kang & Natasha Singer / NY Times: Meta Accused by States of Using Features to Lure Children to Instagram and Facebook, April 2019/ JAMA: Association Between Portable Screen Based Media Device Access or Use and Sleep Outcomes, 2016/MR Press, National Library of Medicine Digital dementia in the internet generation: excessive screen..., January 2022/ Screen Use [illegible] Linked to Differences in Brain Structure in Young Children, November 2022 Young People, Pornography and Age Verification, British Board of Film Classification, March 2022/Review of sexual abuse in schools.../ Ofsted Report, June 2021 / Boys Targeted in Sextortion Scams, Police Scotland Report, 2023/ Parent Like a Tech Exec, Brooke Shannon & Dr. Richard Freed, April 2019

FREE CHELSEA AND CREMORNE COMMUNITY DAY

11 JUNE | 5 - 8 PM

CHELSEA YOUTH CLUB
BLANTYRE ST, SW10 0EQ

ALL WELCOME
No need to book just come along!

- Food
- Kayaking
- Multisports
- Pool Table
- Table Tennis
- Games
- Music Studio
- Cooking and more!

Football sessions with Chelsea FC Community Coaches @ 5-7pm



For more info:
020 821 37281
info@fitforlifeyouth.co.uk
Kayak@londonsportstrust.org

Fit For Life Youth
Royal Borough of Kensington and Chelsea
London Sports Trust
Young K&C

Scan to sign up to Chelsea Youth Club!